



Taking Action to End Local Hunger & Homelessness

When there is no food in the house, when an eviction is looming, when the lights have been shut off and there is no heat, your neighbors turn for help to the Center for Food Action.

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| Supermarket Gifts Cards Cash Donations* | Dental Hygiene Products |
| Peanut Butter & Jelly | Spaghetti Sauce |
| Macaroni & Cheese | Canned Fruits & Vegetables |
| Canned Meat, Tuna & Beans | 100% Juice |
| Hearty Canned Soups | Diapers - Sizes 2, 3 & 4 |
| Rice & Pasta | Infant Formula & Baby Food |
| Low Sugar Cereal | Ensure (or similar nutritional drink) |

*CFA is able to purchase most needed foods and include eggs, cheese and fresh produce.

Take Action, Get Involved & Make A Difference!

CFA provides a safety net for families and seniors in our neighborhoods who are struggling through difficult times. Your donation of food and funds help the thousands of low-income families who come to CFA each month for help to put food on their table and keep a roof over their heads.

Organize A Food Drive

Food drives are an essential part of in CFA’s ability to help local families and individuals in need. Food drives can be held in schools, places of worship, businesses, and neighborhoods or just about anywhere people gather.

Volunteer Your Time & Bring Your Friends

Volunteers play a key role CFA’s work to end hunger and homelessness in our neighborhoods. For more information on how you can help, please email: jenniferjohnson@cfanj.org

Get Involved in Social Media Campaigns

Like us on Facebook and follow us on Twitter and Instagram. By sharing our posts with your friends and family you can help garner resources to assist families in need.

Please visit www.cfanj.org for more information