

Center for Food Action

Weekend Snack Pack Program

ABSOLUTELY NO NUTS OF ANY KIND!
Please Read Labels Carefully

<u>Cold Cereal</u>	<u>1 ounce box</u> —Low Sugar - NO NUTS OF ANY KIND
<u>Fruit Cup</u>	<u>4 ounces in fruit cup</u> – peaches, pears, mandarin oranges or mixed fruit NO APPLESAUCE
<u>Juice</u>	<u>6-3/4 ounce box</u> - 100% juice
<u>Micro Meal</u>	<u>Chef Boyardee, 7.25 ounce microwaveable</u> Chicken with Rice; Lasagna or Spaghetti with Meatballs
<u>Mac & Cheese</u>	<u>7.5 ounce box</u>
<u>Snack Bar</u>	<u>Nutrigrain Fruit Bars</u> - ONLY
<u>Milk</u>	<u>8 ounce box, shelf stable</u> , No flavored milk

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- Please read labels carefully-
- Please Check Expiration Dates!
- Please No Substitutions!



Thank you for helping a local child at risk of weekend hunger.